



SLEEP CON 2016

Under the Aegis of INDIAN SLEEP DISORDERS ASSOCIATION



WORKSHOP ON RECENT ADVANCES IN THE DIAGNOSIS & MANAGEMENT OF SLEEP DISORDERED BREATHING (SDB)

- ❖ Diagnosis & scoring of SDB
- ❖ Portable Sleep Studies
- ❖ Pathogenesis of OSA
- ❖ Evaluation
- ❖ Management of SDB including adherence of CPAP
- ❖ Management of CSA

Discussion by Sleep Physicians of repute
on
25th March, 2016
India Habitat Centre
New Delhi: 9.00 AM to 6.00 PM



Prof J C Suri

Course Director
Consultant & HOD

Dept. of Pulmonary, Critical Care & Sleep
Medicine, VMMC & Safdarjang Hospital, New
Delhi

For registration please visit: [www.http://sleepcon2016.isda.co.in](http://sleepcon2016.isda.co.in)

CONFERENCE SECRETARIAT

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**WORKSHOP ON RECENT
ADVANCES IN THE DIAGNOSIS &
MANAGEMENT OF SLEEP
DISORDERED BREATHING (SDB)
(25th March 2016)**

**SLEEPCON 2016,
MARCH 25TH-27TH 2016
NEW DELHI**



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Speaker	Topic of Discussion	Time
Dr J C Suri	Diagnosis of SDB - Technical issues & scoring of respiratory events- What is new?	09.00-09.30
Dr N Ramakrishnan	The current role of portable sleep studies (out of centre sleep testing) in the diagnosis of OSA	09.30-10.00
Dr Robert Thomas	New perspectives in the pathogenesis of OSA including various phenotypes	10.00-10.30
Dr. Dipti Gothi	History, physical examination and identification of pattern of obstruction	10.30-11.00
COFFEE		
Dr Rakesh Chawla	Actigraphy—Clinical & Research Applications	11.20-11.50
Dr D Srivastava	General overview of management of OSA - decision to treat & non CPAP therapy	11.50-12.20
Dr J C Suri	Nuts & bolts of CPAP including CPAP titration & tracking	12.20-12.50
LUNCH		
Dr M K Sen	CPAP adherence	14.00-14.30
Dr Robert Thomas	Management of Central Sleep Disorders	14.30-15.00
COFFEE		
15.20-17.20	Workshop (Hands on training)	
Dr Robert Thomas	PAP devices	Group I
Dr J C Suri/ Dr M K Sen	Interphases	Group II
Dr Dipti Gothi	Portable devices	Group III
Dr D Srivastava	Setting up of CPAP & other devices , Monitoring, troubleshooting, leaks, humidification, complications & compliance	Group IV