



SLEEP CON 2016

Under the Aegis of INDIAN SLEEP DISORDERS ASSOCIATION



WORKSHOP ON DENTAL SLEEP MEDICINE

- ❖ Basics of Sleep Medicine for Dental Professionals
- ❖ Overview of Dental Sleep Medicine
- ❖ Oral Appliance Therapy for Snoring and OSA
- ❖ Overview of Surgical Management of OSA
- ❖ Prevention of Sleep Disordered Breathing in Children: Dentists role
- ❖ Practical aspects of Dental Sleep Medicine

Discussion by Dental surgeons of repute
on
25th March, 2016
India Habitat Centre
New Delhi: 9.00 AM to 6.00 PM

For registration please visit: [www.http://sleepcon2016.isda.co.in](http://sleepcon2016.isda.co.in)

CONFERENCE SECRETARIAT

Room No: 403, Casualty building IIIrd floor, Ward-32,
Department of Pulmonary, Critical Care & Sleep Medicine,
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Prof P Mehra

Subspeciality coordinator – Dental & Course Director
HOD - Oral & Maxillofacial Surgery, Lady Hardinge Medical
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President IDA West Delhi 2015



Brig B Jayan

Course Director
Consultant and HOD of Orthodontics at Army
Dental Centre (R&R), New Delhi

**WORKSHOP ON DENTAL SLEEP
MEDICINE
(25th March 2016)**

**SLEEPCON 2016,
MARCH 25TH-27TH 2016
NEW DELHI**



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Lodhi Road
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| Speaker | Topic of Discussion | Time |
|--|---|---------------------|
| | <ul style="list-style-type: none"> ➤ Registration ➤ Introduction of participants and faculty ➤ Take Off test | 09.00-10.00 |
| Dr Vikram Sarbhai | BASICS OF SLEEP MEDICINE FOR DENTAL PROFESSIONALS <ul style="list-style-type: none"> • Basics of sleep • Anatomy and physiology of upper airway • Upper airway sleep disorders (snoring, obstructive sleep apnoea (OSA), Upper airway resistance syndrome, Sleep Bruxism) • Polysomnography | 10.01- 11.00 |
| TEA | | 11.01- 11.30 |
| Dr B Jayan | OVERVIEW OF DENTAL SLEEP MEDICINE <ul style="list-style-type: none"> • Introduction and overview of dental sleep medicine • Clinical evaluation • Sleep disordered breathing forms for dentists • Craniofacial risk evaluation • Cephalometry • CT, MRI • Acoustic pharyngometry | 11.31- 12.30 |
| Dr Abhijit Kadu | ORAL APPLIANCE THERAPY FOR SNORING AND OSA <ul style="list-style-type: none"> • History, Indications, Contraindications, Advantages, Disadvantages, Classification • Clinical Steps: Impression, Bite recording • Lab steps for fabrication of adjustable mandibular advancement device (MDSA) – Table Clinic, Videos • Post-delivery adjustments and titration • Efficacy evaluation | 12.31- 13.30 |
| LUNCH | | 13.31- 14.00 |
| Brig. (Dr.) S. K. Roy Chowdhury Prof. (Dr.) Pravesh Mehra | OVERVIEW OF SURGICAL MANAGEMENT OF OSA <ul style="list-style-type: none"> • Maxillo-mandibular advancement, including sagittal split osteotomy, advancement genioplasty, Le Forte osteotomy • Distraction Osteogenesis • Surgical assisted Maxillary expansion • Palatopharyngoplasty, Uvuloplasty • Tonsillectomy, Adenoidectomy • Hyoid suspension • Glossectomy | 14.01-15.00 |
| Dr Reena Ranjith Kumar | PREVENTION OF SLEEP DISORDERED BREATHING IN CHILDREN: DENTISTS ROLE <ul style="list-style-type: none"> • Adenotonsillectomy • RME • Functional appliance therapy | 15.01-15.45 |
| TEA | | 15.46-16.00 |
| Dr Rajnish Gupta & Dr Saroj Meena Dr B Jayan & Dr Abhijith Kadu Brig. (Dr.) S. K. Roy Chowdhury & Prof. (Dr.) Pravesh Mehra | PRACTICAL ASPECTS OF DENTAL SLEEP MEDICINE <ul style="list-style-type: none"> • Polysomnography, CPAP • Table Clinics on Adjustable Mandibular advancement appliance. • Table clinics on surgical approaches. | 16.01-17.00 |
| Dr Reena Ranjith Kumar And Dr SKR Chowdhury | SUMMING UP | 17.31-18.30 |
| | Assessment test Valedictory ceremony | |